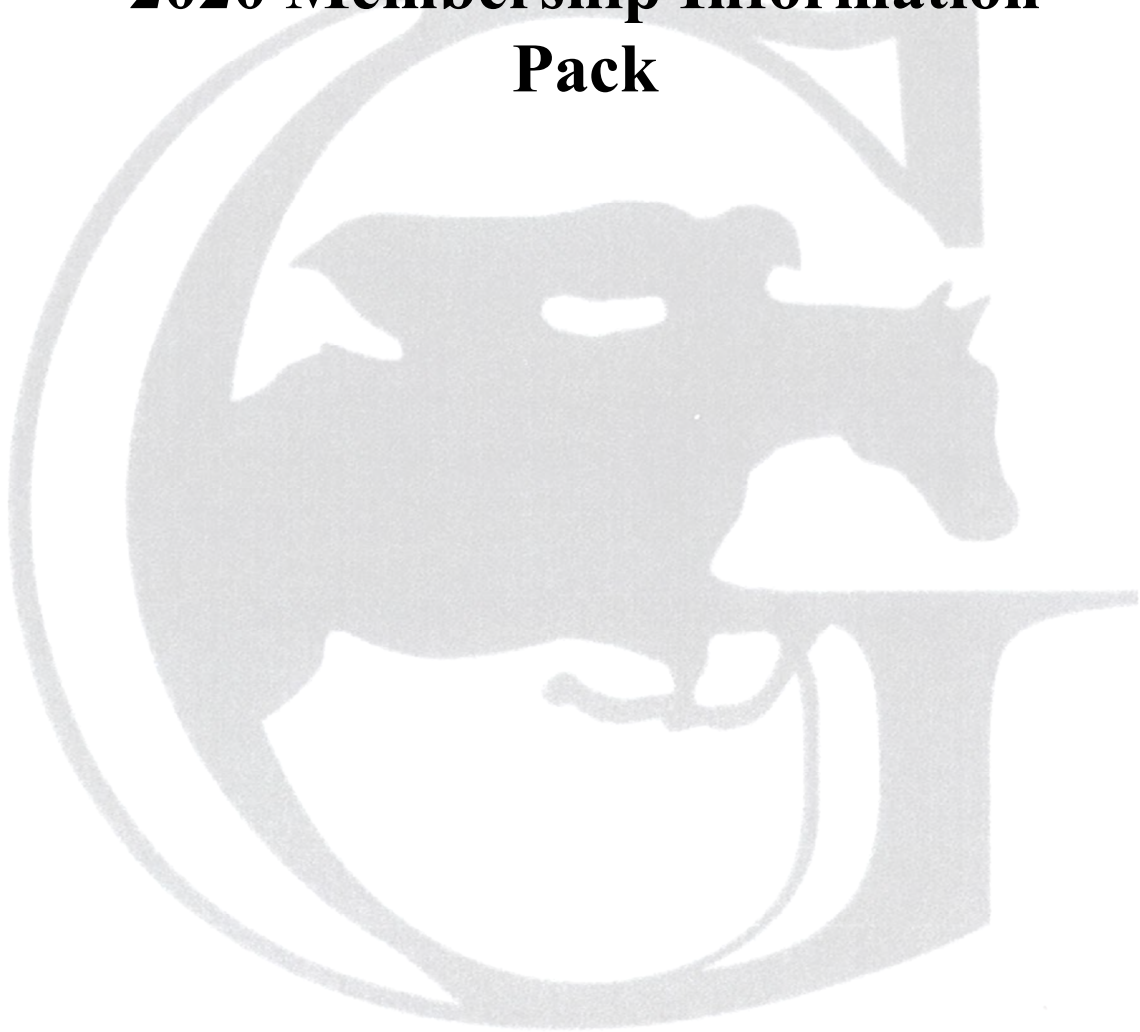


GNANGARA ADULT EQUESTRIAN CLUB

2020 Membership Information Pack



GNANGARA ADULT EQUESTRIAN CLUB

INTRODUCTION

Gnangara Adult Equestrian Club was formed in 1983 with the aim of providing adult riders with a means of improving their knowledge of equitation in a friendly and encouraging club atmosphere.

LOCATION

Rallies are held at Bella View - Lot 27 West Swan Road, Belhus.

Our location for rallies is first class and includes a 70m x 22m outdoor arena, and a 65 x 22 covered/indoor arena, plus clubhouse facilities, some yards and plenty of parking areas to either tie or set up float yards.

MEMBERSHIP

Full Riding Membership: \$200

Full riding membership gives you access to all rallies which are held from February to November on the first Thursday and third Sunday of the month, plus any other events that are held throughout the year, such as clinics, information sessions and social nights. Membership fees cover public liability insurance at rallies, club liability insurance, administration costs and ARCA membership.

- Lessons at rallies are \$35 for the first lesson, and \$25 for the second lesson on the same horse. Riders will always have access to one lesson, second lessons are then made available and are on a first pick basis. These may be on a same or different horse (different horse \$35).
- Other event fees may apply and are advised at time of event
- Members may attend any ARCA challenges advertised by ARCA clubs, as a member of GAEC being associated with ARCA.
- May attend any Clinics/Training days organised by the Club (additional fees)

Associate Membership: \$80

- Associate membership allows access to attend up to 3 rallies a year ridden. Lesson cost is \$55 per lesson. Associates may book lessons once full membership have had first pick of initial lesson, but prior to release of second lesson choice to all members.
- As affiliation with ARCA, associates can enter any ACRA club hosted events and ride as a representative of GAEC
- Attend any clinics/ seminars hosted by GAEC
- Attend any rally unmounted
- Associate members may upgrade to full riding membership if there are places available, at a reduced fee.

JOIN THE CLUB

To join Gnangara Adult Equestrian Club email gnangaraace@hotmail.com search for our club on Nominate <https://www.nominate.com.au/Clubs/JoinClub.aspx>

BOOKING LESSONS

GAEC utilise Nominate as the lesson booking system and a web link will be emailed to members when rallies are open for booking. This may also be shared on our private FaceBook group.

Lessons are to be paid for before riding, via the Nominate online booking system, utilising credit card or paypal. (Note: NO CASH PAYMENTS ACCEPTED).

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INSTRUCTORS

We are pleased to be able to provide our riders with a variety of qualified, respected instructors who are all genuinely keen to see improvement in riders as the year progresses.

Lessons are coached by both skill specific (self insured) instructors and EA NCAS L1 / L2 qualified coaches.

CANCELLATIONS

A refund of lesson fee will only be given where cancellations are made 72 hours prior to the commencement of the rally (8am). Cancellations must be by either email to club or contact Rally Coordinator via mobile. This applies regardless of vet/ medical certificate as the cost of coach/ venue needs to be covered.

We would appreciate that you also inform the rally coordinator if you are unable to attend after the cancellation period, so we can inform instructors and know that you are safe!

COMPETITIONS

GAEC holds a closed gymkhana at the end of the year in which our members compete against each other in a combination of disciplines (eg. dressage, games, show jumping) for a High Point Trophy. Our closed gymkhana is mainly a fun/training day for all to learn and enjoy. We encourage all members to attend.

Each year there are three main ARCA interclub challenges hosted by either GAEC or other Adult Riding Clubs, which GAEC members are encouraged to attend and represent their club. Other events may be held by various ARCA clubs throughout the year of which your membership with GAEC allows you to enter

DUTY OF CARE - FITNESS

The Club (or Club's instructors) reserves the right to refuse admission or ask a member to leave the lesson on the grounds of fitness, soundness or safety.

The horses are expected to work for up to one hour so please ensure that your horse has had steady work over the previous month and has achieved a sufficient level of fitness. You may excuse yourself early from the class, should you feel that you or your horse is becoming too tired.

TACK

Tack must be in good condition, safe and comfortable for the horse. Stock/ western saddles and bitless bridles are acceptable. The ARCA handbook outlines acceptable tack at both club and competitions, if you are unsure of tack, please email the committee to confirm use prior.

RIDER

Safety gear: An EA approved helmet and safe riding boots are compulsory. Members will not be permitted to ride unless they have a helmet conforming to current standards. Helmets may be checked at the first rally attended by each member and where in doubt, riders will be asked to dismount/ not continue. Safety is paramount!

Club Uniform: EA approved helmet and safe riding boots are compulsory. Members will not be permitted to ride unless they have a helmet conforming to current standards. Helmets may be checked at the first rally attended by each member and where in doubt, riders will be asked to dismount/ not continue. Safety is paramount!

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COMMUNICATIONS

Communication preference is via a club email which is monitored by a couple of committee members. Emails containing all the information on the forthcoming rallies and other items of interest are sent out to all members.

Further information may be shared on the private FaceBook group and we encourage general chat, sharing any competitions/ adventures and for sale ads via this group. It is not however the main communication channel for 'official business'

Rally coordinators will share their mobile numbers for urgent calls to coordinate rallies.

We request you contact GAEC via email for general business or go direct to the rally coordinator where specific to the rally, rather than use FB Messenger to individual committee members. This puts pressure on individuals and multiple communication channels also get confusing!

COMMITTEE MEETINGS

All members are welcome to attend committee meetings and minutes will be made available on request.

INSURANCE

The Club is affiliated with Equestrian Australia (EA) and, through this affiliation, has Public Liability insurance. Members are encouraged to join EA (Equestrian Australia) to obtain personal accident coverage for their riding activities.

HIGH POINT SYSTEM - TROPHY PRIZES

At each rally instructors are asked to award 3, 2 & 1 points to riders in their individual classes. These points are tallied up at the end of the year to determine our class high point trophy winners and runners up.

Only points earned in that specific class level are counted for the high point trophies, and only those earned in the rider's preferred class for the day. If a member chooses to ride in a second lesson, points earned in this class are NOT counted towards the high point trophies.

GAEC also awards the Mister Bar High Point and Runner Up trophies at the end of the year. The winners of these are determined by adding together the highest number of class points earned per rally (in any class level) plus any points earned by representing the club at inter-club challenges (you get 3 points per challenge for competing and 2 points per challenge as an unmounted supporter).

RALLY FORMAT

Rallies will be held from February to November on Sunday and Thursday (see attached dates). Although we will try to keep to our original timetable, we reserve the right to alter any date. Any alterations will be communicated via email and FaceBook.

- Members will be offered a choice of lessons, up, each of one-hour duration.
- Classes will have a three riders unless there are exceptional circumstances.
- Members will be able to select their class from a variety of options (see following page) and book online via Nominate.
- Instructors provide constructive feedback to rally coordinator about a horse/rider combination's suitability to chosen level. This will ensure riders are selecting the most appropriate class and assist the rally co-ordinator in scheduling the right number of classes in each level and selecting appropriate coaches.
- Thursday rallies are morning only
- Rally start times may vary slightly depending on the season, however as a rule the morning lessons will be 8am, 9am, 10am and 11am. The lunch break is 12pm to 1pm. Afternoon lessons will start at 1pm, 2pm, 3pm and 4pm.

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CLASS DESCRIPTIONS

When selecting your class please consider the level you and your horse are best suited to so that participants will be of similar level. The lesson can then be structured for best tuition for all!

You are welcome to try out various classes throughout the year and instructors will provide feedback if they think a horse/rider should move to a different level.

- **GROUNDWORK TO RIDDEN:** for horses/ riders that start the lesson on the ground and (may) progress to ridden during the lesson. Great for the horse that is just starting a career with basic schooling or for nurturing an inexperienced horse along with its training. Also for rehabilitation.
- **LEVEL 1 FLAT:** for the more green horse or rider who has not had a lot of experience in riding flatwork or has lost confidence, or the horse that is new to the arena and working in company, beginning to work in a consistent manner. My also be suitable where fitness or rehab for either horse or rider requires a more gentle pace!
- **LEVEL 2 FLAT** for the horse and rider that can generally walk, trot and canter in an orderly manner. (canter generally done individually). Beginnings or basics of lateral work and is physically and mentally ready to learn more.
- **LEVEL 3 FLAT:** for the horse that can generally walk, trot and canter in a group situation and understands basic lateral work. For the rider working on an even consistent contact and who is aiming to maintain an independent position. Expected to work throughout lesson!
- **GYMNASTIC POLES:** for riders who want to use trot poles to improve suppleness, flexibility and strength and add variety to their flatwork. Pole work likely to be at trot, may involve some canter or lateral work depending on the horse and rider's capabilities.
- **JUMPING:** the class will be structured to new/ novice jumpers, using cavaletti and introducing small grids or related lines to teach rider and horse technique, balance, rhythm, straightness and position. Generally around 45cm - 65cm, but is absolutely dependent on the rider and horse capability and confidence!

ON ARRIVAL TO RALLY - SIGN IN

On arrival and before you ride attend the club house and sign the attendance book (even if you are unmounted please sign this book) so we know who is on location

Please be punctual to your class. If you are running late, please warm up away from the groups and present yourself to your instructor with your apologies.

WARM UP AREA / LUNGING

Riders are encouraged to warm up, up to 15 minutes before the start of their class and are welcome to enter the arena and warm-up at one end away from the instructor.

Do not lunge in the arenas in particular if others are riding. There is no round yard at the grounds, you may lunge in the grassed 'float parking paddock' away from any ridden horses.

HELPER DUTY ROSTER

All members are required to participate in the helper roster as part of their membership requirements. A helper roster will be established at the beginning of the year and riders will be given priority lesson booking to accommodate helper roster and being able to ride.

GAEC is about helping you improve your Equitation in a safe and fun environment. If you have any questions or are concerned about anything – please let us know.

You can contact us through the gnangaraaec@hotmail.com email, or via Facebook group or talk to a Committee member on rally day.

We look forward to another successful year in 2020!

Happy Riding!