

Off the Track WA Educational Clinic – Metro XMAS Encouragement Clinic – Saturday 9th December 2023

Venue: State Equestrian Centre – 303 Cathedral Ave, Brigadoon

What's offered: Join Off the Track WA & EWA for a one day educational clinic offering groundwork, flatwork and poles and jumping with popular EA Accredited Coaches. Also including a social side with experienced Leaders .

Information regarding activity

Providing a relaxing and social clinic, the Summer Encouragement Clinic is an opportunity for groundwork, green/intermediate flatwork with an accredited EA coach, trail riding and socialising with fellow Off The Track owners/riders. This activity is suited for riders and horses of all levels and abilities. It is a great opportunity for building horse and rider confidence through environment training.

Information regarding lessons

Groundwork and Flatwork Green – Krystal Wang – Level 2 Dressage

Groundwork is fundamental to good training under saddle. It is an unmounted lesson and its aim is to improve the horse's response to aids and deals with behavioural issues, so that they can be dealt with safely if they occur under saddle. It also helps the rider/handler to develop confidence with their horse. You will learn how to control the horse safely on the ground and begin education of the aids that you can transfer to ridden work. These classes are great for training green horses in a safe and controlled environment with support, whilst getting them used to working around other horses.

If your horse has had limited education since retiring from racing, then it is advisable to participate in a Groundwork class and then follow on to a flatwork green lesson to gain maximum training benefits for you and your horse.

Preferred equipment for groundwork – *Please arrive with a Rope halter and lead rope of 2-4 metres in length. Bring a dressage whip. No horse boots. Rider to wear helmet and gloves and suitable safe footwear.*

Flatwork Green is suitable for the very green or inexperienced horse and is often selected after the ground work session as the next step in training for riding away from the home environment. You will learn how to ride with other horses and teach your horse how to socialise with other horses. This session is mostly conducted in walk and trot. Green flatwork is classified as rider and horse combinations that can walk and trot. Canter is optional.

Jumping – Coach – PollyAnn Huntington – Level 2 General

Jumping lessons offer horse/rider combinations the opportunity to learn to navigate obstacles in a safe, confident manner. Lessons involve grid work, single fences and poles on the ground.

Lesson classification:

- Pole work & jumps up to 30cm – walk & trot exercises over poles to establish the basics for jumping and can walk & trot safely when in a group.
- Jumps from 30cm to 50cm – can walk & trot safely when in a group, canter is optional.
- Jumps from 50cm + – can walk & trot safely when in a group, canter is optional.

Trail Riding – Perth PoloX Club

Two rides will be offered to accommodate different levels of horses and riders:

- *Scenic ride – A walk-only ride designed to build confidence in green horses*
- *Trail ride – A walk/trot ride to enhance environment training in established horse and rider combinations*

You are able to register for a groundwork, flatwork and a social or trail ride for this clinic. Participants cannot register for two ridden lessons and an additional trail/social ride or groundwork session.

Riders MUST be aware that due to the diversity of the area, kangaroos and other animals are often encountered on rides around the Bridle paths and the Swan River.

- **First timers** - Equestrian WA highly recommends for riders with horses that are attending this type of clinic for the first time to consider booking into a Ground work lesson or a Flatwork Green lesson prior to any other classes. This will give your horse a chance to adjust to their surrounds and is then properly prepared for you to get the most out of any other lessons.
- **Prepare your horse** - Depending on the venue's capacity to provide a safe area and for you to make the most of your time in each lesson, we recommend you try to warm up your horse before the lesson starts. Further information of warm up areas will be included in the final information document once bookings close.
- **Getting to class on time** - Please ensure you arrive on time to your lesson, as late comers can disrupt the lesson for others, plus the coach needs time to do a safety check of horse tack and riding equipment. If arriving too late the coach has the discretion to find room for you in another lesson within their schedule or refuse you entry into the class.
- **Check in prior to your class** – Please check in at least 45 mins prior to your lesson, this enables us to let our coaches know you have arrived and they can start the class on the time.

Conditions of Participation

- **Exclusive for OTTWA horses only (OTTWA passport holders only)**
This day is open to any retired racehorse, both Standardbred and Thoroughbred including un-raced and un-trialled horses, who hold a valid OTTWA Passport. The OTTWA Passport is free and is easy to obtain. Simply visit the OTTWA Passport website - <https://www.offthetrackwa.com.au/off-the-track-wa-passport/> to register.
- Riders are not required to be EWA members but recommended to hold at least recreational membership for personal accident insurance. OTTWA passport holders can now access a number of benefits through EWA including discounts on membership – Find out how to redeem these discounts: <https://www.wa.equestrian.org.au/get-involved/track-wa-passport-holders>
- All Non-Equestrian WA members attending this clinic will automatically be classified as an Equestrian WA Day member, to be covered by our Public & Product Liability Insurance only for the duration of the clinic.
- All clinic registrations must be made online at www.nominate.com.au
- All riders must sign a disclaimer of liability when registering online.
- Riders may register for a maximum of **three sessions** per horse per day. If three sessions are attended, they must include a groundwork session. Riders are permitted to bring a maximum of **two** horses per day. Limited positions available. Register early to avoid disappointment.
- Riders can register for a groundwork, flatwork and a social or trail ride for this clinic. Participants cannot register for two ridden lessons and an additional trail/social ride or groundwork session. Riders can bring a maximum of one horse per day.
- **There is a nomination fee of \$30 per horse per day which enables the rider/horse combinations to have up to three lessons per day (only available with two ridden lessons and one groundwork lesson)**

- Minimum age of horses is 2 years for groundwork, 3 years for green and intermediate flatwork and under 60cm jumping and 4 years for advanced and jumping over 60cm.
- **Refunds** - a full refund will be available until close of nominations. **No refunds will be available after close of nominations.**
- Where nominations exceed requests for lessons a **waitlist** will be available. Nominations who *only* nominate for waitlist classes and are not accepted off the waitlist will be refunded their nomination fee.
- All horses will be allocated a bridle number. This number must be worn at all times on both sides of the horse when on the grounds at the clinic. If participants don't have a number holder, they will need to purchase one for \$8 with registration.
- Please remember to "check in" with the OTT Tent on Saturday, you can then receive your riders pack & be allocated your bridle number.
- *"Check In" is required to assist our coaches in starting their lessons on time, to give participants the full benefit of their time.*

Lessons

Saturday 10th June 2023	Groundwork	Flatwork	Pole work	Jumping	Jumping	Social Ride	Social Ride
Lessons	Groundwork	Green	<30cm	30 to 50cm	50cm+	Walk	Walk/Trot
COACHES	Krystal Wang		PollyAnn Huntington				
Arena	C-Quest Warm Up		C-Quest Arena			Bridle Paths	
Session 1 8:00-8:45	6		4				
Session 2 9:00-9:45		4	4			4	
Session 3 10:00-10:45	6		4				4
Session 4 11:00-11:45		4		4		4	
Lunch 11:45-12:30	LUNCH						
Session 5 12:30-13:15	6			4			4
Session 6 13:30-14:15		4		4		4	
Session 7 14:30-15:15	6				4		4
Session 8 15:30-16:15		4			4		
Total Lessons	24	16	12	12	8	12	12

General information

EWA insurance and membership

Equestrian Western Australia is offering a \$30 discount off membership to lapsed and new members who attend these events and clinics who have not been a member of EWA in 2021. This membership must be applied for via a membership form and not online and is not available for monthly payment memberships.

To register for your discounted EWA membership for 2022 follow these steps:

1. Enter an EWA & Off the track event via www.nominate.com.au
2. Read the [EWA Membership Brochure](#) attached to the clinic/event registration email and choose the membership type that best suits your needs
3. Complete the for Off the Track participants here - https://www.wa.equestrian.org.au/sites/default/files/2020%20Membership%20Form%20OTT_v1.pdf
4. Return the membership form and Off The Track Clinic/Event Registration Invoice to either:

- Via email development@equestrianwa.org.au
- In-person to EWA Office during Office Hours (Mon - Fri, 9 am - 5 pm)
- In-person to an EWA staff member at an Off the Track Clinic/Event

EWA Event or clinic enquiries: Kaeleigh Brown 08 9296 1200 development@equestrianwa.org.au

Off the Track enquiries: Leanne Chilton 08 9445 5481 offthetrackwa@rwwa.com.au