



# National Interschools CCN 1\*

**Efforts:** 22  
**Opt. Time:** 5m 12s  
**Distance:** 2600 m  
**Time Limit:** 10m 24s  
**Speed:** 500 m/min  
**Minimum:** 4m 52s

- 1 Log
- 2 House
- 3 Brush
- 4 log
- 5 Double roll
- 6 Gully log
- 7ABC Rolltop to bank up to oxer
- 8AB Oxer to grand log
- 9 Skinny skinny
- 10 Brush apex
- 11 Ditch Palisade
- 12 Brush
- 13AB Truck to brush arrowhead
- 14 Oxer massif
- 15 Pheasant feeder
- 16 Rails
- 17 Water step out
- 18 Final brush